PROJECT 1 STEPS: PAPER FLOWERS

PREPARATION:
1. Separate your tissue paper into two stacks of 6 sheets each. This way, you will be able to make two flowers.

CREATE A FLOWER:
2. Unfold and neatly stack six sheets of tissue paper, one on top of the other, lining up the edges.
   ⇒ Pro-tip: you can arrange your papers from light colors to dark colors if you want your flower to have an ombre look, or you can alternate colors or choose a different pattern!
3. Make an accordion fold, treating the tissue paper stack as a single unit and creasing your folds as you go. To make an accordion fold:
   a) Fold the bottom edge of the tissue paper stack up 1½ to 2 inches. Crease.
   b) Flip the stack over and bend the top folded edge down another 1½ to 2 inches (to match your first fold). Crease.
   c) Flip your stack over again and bend the folded section up once more, again 1½ to 2 inches. Crease.
   d) Repeat until you've folded the stack all the way, flipping back and forth (you don't want to fold in only one direction, which would be like rolling the paper). You should be able to make 6-8 folds.
   ⇒ Pro-tip: we recommend folding the tissue paper stack along the short edge (orienting your stack of papers hamburger style) for the carnation option (step #6). We recommend folding along the long edge (orienting your stack of papers hotdog style) for the rose option (step #8).
4. Fold the accordion in half from end to end.
5. Wrap one pipe cleaner around the middle and twist to keep it in place.
6. Carnation option: Using your scissors, trim the ends of your tissue paper accordion to give your flowers a different shape. Rounding the corners of each accordion end to create a petal shape will make a carnation-esque tissue paper flower. (You don't need to use your scissors or trim your petals at all—your flower will be beautiful either way!)
7. Starting with one side, carefully stretch out the accordion fold.
8. Rose option: If you didn't take the carnation option (step #6 above), you can choose to round the corners of your tissue paper at this point. This will create a rose-esque tissue paper flower. (Or choose not to do any trimming/rounding/cutting!)
9. Gently pull each sheet of tissue paper (one-by-one) up toward the middle.
   ⇒ Pro-tip: You have two colors to choose from to start the pulling up process with. Think about which color you want in the center of your flower and start with that one.
10. Repeat steps #7 - 9 on the other side.
11. Primp, poof and fluff your petals to look like a flower.

MATERIALS (INCLUDED):
- 12 sheets of tissue paper (not in baggie)
- 2 green pipe cleaners
- 1 pair of scissors (optional)
Fabricate the Inner Noise-Making Mechanism:

1. Lay out and straighten the sheet of aluminum foil.
2. Roll the sheet of aluminum foil up to form a "worm" about the thickness of an adult’s small finger or a child's thumb, working along the long edge. You do not need to be neat about this—you can crimp and squeeze the paper as you go (your goal is not to make a hollow tube, but a solid "worm").

3. Wrap the aluminum foil worm around a pencil, pen or stick to make a spiral.
4. Line your spiral-ized aluminum foil worm up with the paper towel tube. Stretch the aluminum worm out slightly to make it the length of the paper towel tube.

5. Put your aluminum foil worm inside the paper towel tube. The aluminum foil worm should be sticking out just slightly at either end.

Fabricate the Caps

6. You will need to fabricate two caps to seal each end of your rain stick.
7. Prepare for this step by cutting your construction paper into two squares.
8. To create a cap:
   a) Place the paper towel tube upright in the middle of a square of construction paper.
   b) Trace around the bottom of the paper towel tube to draw a circle the size of the paper towel tube in the center of your paper.
   c) Draw lines from the circle to the edge of the paper all the way around the circle (like the rays of a sun), as evenly spaced as possible (six lines should do).
   d) Cut along the lines, being careful not to cut into the circle.
9. Make two caps, but only attach one to the paper towel tube now (you will attach your second cap after you have filled the tube).
10. To attach the cap to the paper towel tube:
    a) Put glue on the construction paper around the circle (not in the circle!).
    a) Place the paper to cover the open end of the paper towel tube, aligning the circle to create a seal.
    a) Gently press the paper down around the tube to adhere it.
    b) Wrap a rubber band to keep the paper in place.

Assembling the Rain Stick

11. Fill the paper towel tube with the desired amount of beads.
    * Pro-tip: create the sound you enjoy! You can add or subtract beads to make different kinds of sounds. Check your sound as you go by covering the open end of the paper towel tube with your palm and tipping the tube back and forth. In addition to the scrap paper and beads provided, you can also add small pebbles, dried corn, rice or beans to your rain stick. Just don't overload it!

To Finish:

12. Attach the second cap to the open end of your rain stick, following the steps in #10 above.
    * Pro-tip: You can remove the rubber bands before you start decorating (step #13), once the glue for your caps is dry.
13. Decorate the inside of your rain stick with tissue paper. Use the glue to adhere the tissue paper to the outside of the paper towel tube. You can cut the tissue paper into different shapes. You can create stripes or another pattern using the tissue paper. You can create a mosaic out of tissue paper pieces. You can make the top half one color and the bottom half another. Let your imagination fly!
    * Pro-tip: You can also use markers, crayons, paint, stickers, glitter, etc. to decorate your rain stick.